

WHEN:

Last Sunday of each month
1:00 to 4:30 p.m.
By appointments only
(202- 341-8696)

WHERE:

Lutheran Church
15300 New Hampshire Aven.
Silver Spring, M.D. 20905

Who to Contact:

Manju Sangraula: (202) 341 8696

Sunita Siwakoti: (240) 506-3477

Rita Tiwari: (703) 532-2343



American -Nepal Women's Association

BASIC FREE MEDICAL CLINIC



*Providing free basic medical care to the
uninsured Nepali community and beyond*

<http://www.anwa-dc.org>

Appointment Line: 202- 341-8696

BRIEF HISTORY

The Basic Free Medical Clinic (BFMC) began its operations on January 28, 2007 at the Nepal Educational & Culture Center (NECC), Pashupati-Buddha Mandir in Lanham, M.D. It was organized by America –Nepal Women’s Association of Greater Washington, D.C. (ANWA) with the help of volunteers to provide Free basic medical services to the uninsured Nepalese community residing in the Washington Metropolitan area and beyond.

The Medical Team consists of all volunteers from the Nepali community coming from all walks of life. Services rendered includes medical care, administrative responsibilities, social work, case management, and other appropriate supports. To ensure the best possible care and support, volunteers are actively involved both during and outside of clinic hours. Dedication and commitment put forth by the volunteers have resulted in growing patient count and community involvement.

SERVICES PROVIDED BY

DR. MAHESWOR BAIDYA

DR. SHARMILA ARYAL

Medical Services:

- ◆ Basic medical services provided by Physicians and Nurses.
- ◆ Review of medical history.
- ◆ Blood pressure & Blood Sugar check.
- ◆ Medical consultation and treatment plan.
- ◆ Provides prescription for basic illness.
- ◆ EKG
- ◆ Family Medicine

Social Services:

- ◆ Assist patients to find low cost medications.
- ◆ Low cost labs referral.
- ◆ Help patients to locate relevant resources.
- ◆ Transportation to and from.

Other Services:

- ◆ Follow up with patients as appropriate.
- ◆ Maintain medical records – Hard copy.
- ◆ Outreach to community via media and other public forums for preventive care awareness.
- ◆ Manage the **Appointment Line (202) 341-8696**